



महर्षि सान्दीपनि राष्ट्रीय वेदविद्या प्रतिष्ठान, उज्जैन

(शिक्षा मन्त्रालय, भारत सरकार के अधीन स्वायत्तशासी संस्था)

Maharshi Sandipani Rashtriya Vedavidya Pratishthan, Ujjain

(An autonomous organisation under Ministry of Education, Govt. of India)

F.No. 18-17/2022(A&F)/MSRVVP

Date: 18.05.2026

Office Order-1998

Sub : The organization of 14-Day Yoga Practice Session on the occasion of International Yoga Day (21.06.2026)-reg.

Morarji Desai National Institute of Yoga under the Ministry of Ayush, in collaboration with Habuild Health Tech Private Limited, is organizing '100 Days of Free Live Yoga Sessions' under the Yoga-365 campaign on the occasion of the 12th International Day of Yoga. **The objective of this programme is not merely to celebrate Yoga on a single day, but to incorporate it into daily life as a way of living, while encouraging maximum participation with a view to setting a world record.** These live sessions will be streamed on the official YouTube platform of the Ministry of Ayush. To register and participate in the live sessions, please use the link (<https://moa.habit.yoga?ref=moMoE>) or toll-free number 1800-315-7008 may also be used alternatively.

In this regard, (i) all the Rashtriya Adarsh Veda Vidyalayas(RAVVs), (2) Veda Pathshalas and (3) Guru-Shishya Parampara Units are informed that, in view of the above, it is to be ensured that this session is mandatorily organized in their respective Veda Pathshalas/GSP Units, wherein Yoga practice involving all teachers and students be conducted for a period of 14 days from 27 May 2026 to 09 June 2026.


(Prof. Viroopaksha V. Jaddipal)
Secretary

Copy to :-

1. For information and compliance of all the Rashtriya Adarsh Veda Vidyalayas operated by the Pratishthan.
2. For information and compliance of all the Pathshalas/Guru-Shishya Parampara Units affiliated to the Pratishthan.
3. Office Order File.

वेद विद्या मार्ग, चिन्तामण गणेश, पो.ऑ. जवासिया, उज्जैन-456006 (म.प्र.)

Vedavidya Marg, Chintaman Ganesh, P.O. Jawasiya, Ujjain - 456006 (M.P.)

दूरभाष/Tele: (0734) 2502254, 2502255 ई-मेल/E-mail: msrvvpujn@gmail.com वेबसाइट/Website: www.msrvvp.ac.in